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Same Mission, New Location

By AMANDA FRIEDRICHSEN
STAFF WRITER

Love INC is a national organization with about 130 affiliates in various locations throughout the United States and Kenya. The Rock Valley affiliate serves people located in Sioux County; however, there are other neighboring affiliates located in Sheldon, Worthington, and Canton. Even though there are many affiliates, the mission, vision, and core values remain the same and create the standard by which Love INC serves its area. “Our mission is to mobilize local churches to transform lives and communities in the Name of Christ,” stated Debbie Van’t Hul, Executive Director at Love INC. “Through our church partnerships, we are able to serve together in ways that help people as a whole. We consider the health of an individual in four fundamental areas: spiritual, emotional, physical, and relational.” After learning

more about an individual’s needs and challenges, the appropriate referrals are made through the Love INC network and agencies.

Last year, Love INC staff and board members participated in Visioning and Strategic planning for the future. A discussion was held concerning the need to create a new position for a Church Ambassador and/or a bilingual staff member. With the possibility of new personnel, there would be a need for more space and the ability to support the positions financially. “God has blessed us with overwhelming financial support in the past, and we felt that if our will was in line with His, he would provide in His perfect time,” explained Van’t Hul.

For the past three and a half years, Love INC has had an office in Rock Valley at the Main Street Plaza. They have made adjustments within their current office

space, but it has become quite cramped in its current capacity. Last summer, ideas on how to add space to their current location were brought to the board, but there was hesitancy with moving forward. “We decided to halt the process and lay it before

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Remodeling is beginning in the old US Bank building

Hegg Home Health team delivers care at multiple levels

By AMANDA VANDER POL
STAFF WRITER
Since 1995, Hegg Health Center’s Home Health has

allowed individuals who have chronic or acute medical needs to remain safely in their homes.

Some patients are aging and need assistance to live independently, while others are recovering

from a medical setback such as surgery or an accident. Still others have a disability.

“Whether it’s a baby in Larchwood, a teenager in Inwood, a grandma in Rock Valley, or a great-uncle in the Doon area, our team travels to provide care at every level,” said Sarah Rozeboom, Hegg Home Health’s Director.

Before becoming Hegg Home Health’s director, Sarah served as one of the program’s nurses and fell in love with the home health setting because she enjoys caring for people in the comfort of their homes. In addition, she appreciates the opportunity to use a wide range of skills every day. She still goes out on nursing calls.

“Home Health caregivers work in a non-

traditional setting which requires critical thinking and adaptability,” she said. “Working in the hospital and long-term care settings has helped me grow into a well-rounded and versatile nurse, which I believe is important in the Home Health setting.”

Hegg’s Home Health team consists of five nurses and seven aides. The nurses check vitals, provide wound care, and monitor prescribed medications, among other things. The aides assist with moderate exercise, meal preparation, bathing, and other activities of daily living. The team generally serves people within a 30-mile radius of Rock Valley.

“One of my favorite things about Hegg Home Health is the amazing, compassionate team of

people we have,” said Rozeboom. “We all work so well together and support one another. Our teamwork results in better patient care, which improves patient outcomes.”

Ninety-three-year-old Emma Van Dyke receives assistance with daily tasks like showering, dressing, and laundry. She’s so grateful for the Hegg Home Health team members and has been blessed with their companionship.

“It’s above and beyond-what more could a 93-year-old lady ask for,” she said. “I have everything I need to feel safe and happy here at home.”

To inquire about home health services, call Hegg Health Center at (712)-476-8000.



Hegg Home Health nurse, Allison Covey, checks Emma Van Dyke’s vital during her regular visit to Van Dyke’s home. Photo courtesy of Cassandra Schafer

Rocketing into Space

By AMANDA FRIEDRICHSEN
STAFF WRITER

Three high school students from the Rock Valley Community School District and their high school science teacher, Heather Rosewall, were given the opportunity to experience the Johnson Space Center in Houston, Texas. Senior students Kalynn Marxen and Naomi Post and junior student Katie Kooima were accepted to participate in the Space Settlement Design Competition held at the NASA Campus after each had applied for the opportunity.

For nearly 40 years, the Space Settlement Design Competition has focused on providing students with a real-life experience of working with engineers. “This was the first face-to-face competition since 2019, and it was great to go back down and give these students an experience that most others will never get the chance to do,” stated Rosewall. The objective of this engineering competition was to create an

industrial design that could sustain a space settlement in the future. The students were separated into four teams of about 50 students. Each team was presented with a Request for Proposal (RFP) from a potential customer. Teams were given a little less than 24 hours to work together to design a research settlement on the moon and prepare a presentation for the judges.

Rosewall and the three students traveled to Sioux City on Wednesday, March 1, where they met other Northwest Iowa students attending the competition. All the Northwest Iowa students and teachers/chaperones loaded a charter bus to ride the 18-hour-long bus ride through the night to Houston, Texas. Taking advantage of some downtime before the Space Settlement Design Competition began, Rosewall and the three students ventured South to visit Galveston, Texas, and observe the Gulf of Mexico. “Riding on a ferry at Galveston was

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Naomi Post, Katie Kooima, and Kalynn Marxen at the NASA Campus

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